

WELCOME TO



West Valley City Appetizers

Chips to Go	\$4.50
Chips (refill)	\$4.00
First Bowl Complimentary	
Side of Guacamole	\$6.50
Guacamole Salad	\$10.00
Nachos	\$8.00
Nachos with Beans	\$9.25
Frontera Nachos	\$14.00
Ground Beef, Chicken, Carnita** or Carne Asada, Beans, Cheese, Onions, Olives, Tomatoes, Jalapeños, Guacamole and Sour Cream	
1/2 Order Frontera Nachos	\$11.00



*Frontera
Nachos*



*Monday
Lunch
Special*

DAILY SPECIALS \$10.25

- NO SUBSTITUTIONS -

Daily Specials Served From 11:00 am to 3:00 pm
All Lunch Specials Include a Soft Drink (1 Refill)

Monday	Soft Shell Taco* & Smothered Burrito with Cheese
Tuesday	Burrito Ranchero - Enchilada Style with Rice and Beans
Wednesday	2 Carnita Tacos with Pico de Gallo, Rice and Beans
Thursday	2 Chile Verde Enchiladas (Corn Tortilla) with Rice & Beans
Friday	Soft Shell Taco* Smothered with Rice & Beans

Breakfast

Huevos Rancheros	\$12.50
2 Eggs* Smothered with choice of sauce, Chile Verde or Chile Colorado. Ham, Beans, Potatoes and 1 Homemade Flour Tortilla.	
Chorizo Con Huevos	\$11.50
2 Eggs* Scrambled with Mexican Sausage, Beans, Rice, Salad and 1 Homemade Flour Tortilla.	
Egg Platter	\$11.50
2 Eggs*, Beans, Potatoes, Ham and 1 Homemade Flour Tortilla.	
2 Scrambled or Fried Eggs*	\$8.50
with Side of Potatoes and 1 Homemade flour Tortilla.	
Breakfast Burrito Ham	\$8.75
Ham, Eggs*, Potatoes, Jalapeños, Onions and Cheese.	
Breakfast Burrito Chorizo	\$8.50
Chorizo, Eggs*, Potatoes, Jalapeños, Onion, and Cheese.	
Authentic Menudo Mexicano	\$8.25
with 1 homemade Flour Tortilla.	
Con Pata (pig's foot)	\$10.00

Fajitas

Guacamole, Sour Cream, Bell Peppers, Onions, Rice, Beans and 1 Flour Tortilla or Corn Tortillas

Chicken (Served on a Sizzling Hot Skillet).....	\$16.00
Angus Steak (Served on a Sizzling Hot Skillet).....	\$17.00
Combination (Served on a Sizzling Hot Skillet).....	\$18.00



*Combination
Fajita*



*Chicken
Fajita
Quesadilla*

Fajita Quesadillas

Guacamole, Sour Cream, Bell Peppers,
Onions, Rice and Beans

Chicken Fajita Quesadilla	\$13.50
Steak Fajita Quesadilla	\$14.50
Combination Fajita Quesadilla	\$15.50



Lunch and Dinners

*Encebollado Steak**

Encebollado Steak*	\$16.50
10 oz. Top Sirloin smothered in onions, bell peppers, and hot sauce, Fries, Rice, Beans and 1 Flour Tortilla.	
Mexican Steak*	\$16.50
10 oz. Top Sirloin Smothered in Sauce, Mexican Style Potatoes, Rice, Beans, Guacamole and 1 Flour Tortilla.	
American Steak*	\$16.50
10 oz. Top Sirloin, Mixed Vegetables, Fries, Salad and 1 Flour Tortilla.	
Taco Salad*	\$10.25
Taco Salad Meat* Ground Beef, Chicken, Carnitas, Asada.....	\$11.75
Fajita Taco Salad Chicken or Steak.....	\$12.75
Bowl of Chile	\$9.75
Chile Verde or Chile Colorado and 1 Flour Tortilla	
Bowl of Beans with Chile Verde or Chile Colorado	\$9.00
Hamburger with Fries	\$8.25
Cheeseburger with Fries	\$9.50
Ribs (Baked or Deep Fried)	\$14.50
Smothered with La Frontera's Special Rib Sauce, with Rice, Beans, Salad and 1 Flour Tortilla.	
Ribs (Baked or Deep Fried)	\$16.50
Smothered with Chile Verde or Chile Colorado, with Rice, Beans, Salad and 1 Flour Tortilla.	
1 Chile Relleno Served with Rice and Beans	\$11.00
Chile Platter	\$11.50
Chile Verde or Chile Colorado, Beans, Rice, Salad and 1 Flour Tortilla.	
1 Tamale Served with Rice and Beans.....	\$9.50
2 Flautas	\$12.25
Shredded Beef, Chicken, Carnita** with Rice and Beans	

Side Orders

Side of Beans.....	\$3.75
With Cheese.....	\$5.00
With Cheese & Onion.....	\$5.50
Side of Rice.....	\$3.75
W/ Chile Verde or Chile Colorado.....	\$6.50
W/ Chile Verde or Chile Colorado & Cheese...	\$7.25
W/ Chile Verde or Chile Colorado, Cheese & Onion...	\$7.75
Tortilla (Flour).....	\$1.75
Tortillas (3) (Flour).....	\$4.00
Tortilla with Cheese.....	\$5.50
Corn Tortillas (4).....	\$3.00
Jalapeños.....	\$2.00
Lemons.....	\$2.50
Lettuce.....	\$3.00
Extra Smothered.....	\$3.75

*Frontera Fries
Smothered with
Chile Verde & Cheese*



Lettuce & Tomato.....	\$4.00
Lettuce Tomato & Dressing.....	\$4.50
Salsa 4oz.....\$1.25.....16oz.....	\$3.75
Side of Mole (Enchilada Sauce).....	\$4.00
Frontera Fries.....	\$5.25
Smothered	
W/ Chile Verde or Chile Colorado.....	\$7.50
W/ Chile Verde or Chile Colorado & Cheese.....	\$9.00
W/ Chile Verde or Chile Colorado, Cheese & Onion.....	\$9.50
Side of Cheese.....	\$4.00
Side of Onions.....	\$2.00
Sour Cream.....	\$1.75
Side of Chile.....	\$5.00
(Chile Verde or Chile Colorado 6oz)	

5 Locations to Serve You

West Valley City
3784 W 3500 S
West Valley, UT 84120
801-967-9905

Midvale
764 E. Fort Union Blvd.
Midvale, UT 84047
801-838-9918

West Jordan
1477 W 7800 S
West Jordan, UT 84088
801-260-7000

Riverton
3728 W 13400 S
Riverton, Utah 84065
801-930-5049

Salt Lake City
1236 W 400 S
SLC, UT 84104
801-679-0831

ORDER OF THREE OR TWO With Rice and Beans

Burritos	\$13.00
Bean and Cheese Burritos.....	\$12.75
Smothered Burritos..\$15.00..with cheese..\$16.50.. with onion..	\$17.00
Meat Burritos.....	\$14.75
Ground Beef, Chicken, Carnita or Carne Asada	
Burrito Rancheros (Enchilada Style)	\$14.00
Cheese Enchiladas (Corn).....	\$12.25
Enchiladas (Corn).....	\$13.50
Ground Beef, Chicken, Carnita or Carne Asada	
Chile Verde Enchiladas (Corn Tortillas & Monterey Cheese)	\$13.00
Flour Cheese Enchiladas.....	\$15.00
Flour Enchiladas	\$16.50
Ground Beef, Chicken, Carnita or Carne Asada	
Flour Chile Verde Enchiladas (Monterey Cheese)	\$15.75
Chicken Chile Verde Enchiladas (Corn Tortillas).....	\$15.00
Flour Chicken, Chile Verde Enchiladas	\$19.75
Soft Shell Tacos*	\$13.00
Soft Shell Tacos.....	\$15.75
Ground Beef, Chicken, Carnita or Carne Asada	
Chimichangas.....	\$15.00
With Guacamole and Sour Cream	
Chimichangas.....	\$16.50
Ground Beef, Chicken, Carnita or Carne Asada	
With Guacamole and Sour Cream	
Tamales (Pork).....	\$12.00
Chile Rellenos.....	\$13.50
Bean Tostadas	\$11.00
Tostadas*	\$11.50
Tostadas.....	\$14.00
Ground Beef, Chicken, Carnita or Carne Asada	
Guacamole Tostadas	\$14.00
Tacos*	\$10.75
Tacos.....	\$12.00
Ground Beef, Chicken, Carnita or Carne Asada	
Grilled Shredded Chicken Tacos (Red Chile Sauce & Monterey Cheese)	\$12.00
3 Carne Asada Street Tacos (With Rice and Beans)	\$11.25
3 Carnitas Street Tacos (With Rice and Beans)	\$11.25
Add: * *	
Smothered with Chile Verde or Chile Colorado.....	\$4.25
Smothered with Chile Verde or Chile Colorado & Cheese.....	\$6.50
Smothered with Chile Verde or Chile Colorado & Cheese and Onions.....	\$7.00

*Chorizo mix Beans and Homemade Mexican Sausage

Combinations

Combination plate substitutions \$.75 each item, limit of two of the same item. (Combination plates only)

(Ground Beef, Chicken or Carnita & Guacamole substitution prices listed below.)

May request taco and tostada on one separate plate.

Large Combination.....	\$13.50
Cheese Enchilada, Tostada*, Taco*, Burrito, Chile Verde, Rice, Beans and 1 Flour Tortilla	
Small Combination.....	\$12.25
Cheese Enchilada, Tostada*, Taco*, Burrito	

Add to Order:

Smothered with Chile Verde or Chile Colorado.....	Add \$3.00
Smothered with Chile Verde or Chile Colorado with Cheese.....	Add \$4.25
Smothered with Chile Verde or Chile Colorado with Cheese & Onions.....	Add \$4.50
Ground Beef, Chicken or Carnitas Taco, Tostada or Enchilada (for each).....	Add \$3.00
Ground Beef, Chicken or Carnitas Flour Burrito, Soft Shell Taco or Flour Enchilada (for each)...	Add \$4.50
Guacamole Tosatada (for each).....	Add \$4.25

A La Carte

Bean Tostada.....	\$4.50
Regular Tostada*	\$4.75
Tostada (Ground Beef, Chicken, Carnita or Carne Asada).....	\$5.50
Guacamole Tostada.....	\$6.25
Taco*	\$4.25
Taco (Ground Beef, Chicken, Carnita or Carne Asada).....	\$5.25
Grilled Shredded Chicken Taco (Red Chile Sauce & Monterey Cheese)..	\$4.75
Cheese Enchilada.....	\$5.50
Enchilada (Ground Beef, Chicken, Carnita or Carne Asada).....	\$6.50
Flour Cheese Enchilada.....	\$7.00
Flour Enchilada.....	\$8.00
Ground Beef, Chicken, Carnita or Carne Asada	
Chile Verde Enchilada (Corn Tortilla & Monterey Cheese).....	\$5.75
Chicken Chile Verde Enchilada.....	\$6.75
Flour Chicken Chile Verde Enchilada.....	\$9.50



Smothered Burrito with Cheese

Beverages

Coffee.....	\$3.00
Ice Tea.....	\$3.50
Coke, Diet Coke, Sprite, Dr. Pepper, Root Beer	
Orange.....	\$3.50
Horchata.....	\$3.50

Small Combination Smothered with Cheese

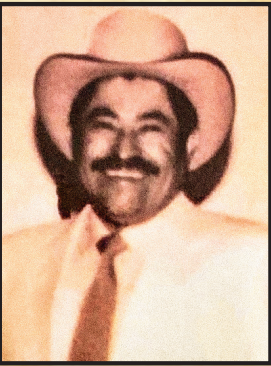


2 Chile Verde Enchiladas with Rice and Beans

Flour Chile Verde Enchilada (Monterey Cheese).....	\$7.25
Burrito.....	\$5.00
Burrito Ranchero (Enchilada Style).....	\$6.50
Chicken Fajita Quesadilla.....	\$9.50
With Guacamole & Sour Cream	
Steak Fajita Quesadilla.....	\$10.50
With Guacamole & Sour Cream	
Combination Fajita Quesadilla.....	\$11.00
With Guacamole & Sour Cream	
Chile Relleno.....	\$6.75
Smothered Burrito Chile Verde or Chile Colorado..\$6.50..with Cheese..	\$8.00
Bean and Cheese Burrito.....	\$5.75
Burrito (Ground Beef, Chicken, Carnita or Carne Asada).....	\$7.50
Soft Shell Taco*.....	\$6.25
Soft Shell Taco (Chicken or Beef).....	\$7.75
Chimichanga (Ground Beef, Chicken, Carnita or Carne Asada)	\$8.00
With Guacamole & Sour Cream	
Chimichanga Regular Bean and Chile Verde,.....	\$6.75
Fresh Homemade Tamale.....	\$5.00

Add to Order:

Smothered with Chile Verde or Chile Colorado...	\$3.00
Smothered with Chile Verde or Chile Colorado & Cheese...	\$4.25
Smothered with Chile Verde or Chile Colorado & Cheese & Onions...	\$4.50



Mr. Antonio Tovar
La Frontera
Founder 1979

*Consumer Advisory: *Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of food borne illnesses. Consult your physician or public health official for further information.